## Dress Code

"We are trying to minister to the greatest number of people possible. In an effort to help you dress in a manner that will not take away from your ministry efforts, we have provided the following guidelines."

SHORTS: Shorts need to extend at least one inch below fingertips while standing. (Same rule applies to dresses that might be worn in the evening.) Undergarments must never be seen! LONG running shorts will be considered.

SHIRTS: Beware of any offensive or insensitive material printed on t-shirts. You may roll the sleeves up, sleeveless may be worn, but no tank tops or midriffs are allowed. Due to the potential for sudden rainfall girls should pack more than just white t-shirts. Sports bras may Not be worn as an outer garment! Guys NO tank top style undershirts shall be worn as outer garments. No shirts with sleeves cut lower than the shoulder seam (no "seethrough" arm holes) for guys or girls.

SHOES: Closed toe shoes with closed heels must be worn while on construction sites. Keep your feet protected. Work boots are required for the construction sites. It is best to pack gym shoes AND work boots. Do NOT wear your boots or shoes for the first time on Day 1 of the trip. Break them in before you bring them!

**JEANS:** Worksites are t-shirt and jeans with work boots!!! Low cut hip hugger jeans are NOT allowed unless a shirt is worn long enough to cover the appropriate areas. Undergarments must never be seen!

**YOGA PANTS:** Yoga pants MUST be covered by LONG tops! Yoga pants are not allowed on jobsites.

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SWIMSUIT: All females must wear one-pieced swimsuits (swimsuits that have the appearance of being "one piece" will be allowed but NO midriffs should show) and no string bikini bottoms; and guys...no Speedos or cut-offs! All must have a swim suit cover up for walking around when outside of the water...guys a t-shirt, girls t-shirt or swim cover up. Guys...no undergarments should show out the top of swim trunks!

This dress code applies to <u>on and off</u> the <u>worksites</u> AND during <u>travel days</u>. Don't pack what you are not supposed to wear and then there will be no problem!

Those not abiding by the dress code will be asked, and required, to change! Unwillingness to change will result in dismissal from the mission trip, at the participant's expense.